



# One Day in the Life...

*Generally, weekdays start at 07:00 and run until 16:00, and weekends are free to explore the beach, local area, and participate in the surf lessons included whilst you volunteer with us! Sometimes we may be back later than 4pm or may start earlier than 7am, we are a working foundation and major events such as the opening of new protected zones, or strange animal sightings will cause us to change our schedule. Either way it will still be a very special day in paradise...*

## General Dive Day

**07:00 - Breakfast.**

**07:30 - Research dive with one of our researchers.**

**10:30 - Data and image processing.**

**11:00 - Reef health data analysis.**

**12:00 - Lunch.**

**13:00 - Survey a protected area.**

- Community conservation meetings.
- Educational & outreach material creation.
- Reef camera trap analysis.
- Mangrove and estuary reef surveying (Seahorses!)
- Scientific discussions and seminars.

**16:00 - End of the day surf, beach braai, talks and/or swim!**